MEDCHI, THE MARYLAND STATE MEDICAL SOCIETY HOUSE OF DELEGATES

Resolution 31-18

INTRODUCED BY: MedChi's Public Health Committee MedChi's Student Section Baltimore City Medical Society

SUBJECT: Waiver of Buprenorphine Training for Physicians

Whereas, Medication-Assisted Treatment¹(MAT) is the use of medications, in combination with 1 counseling and behavioral therapies, to provide a "whole-patient" approach to be treatment of 2 substance use disorders: and 3 4 5 Whereas, research shows that a combination of medication and therapy can successfully treat these disorders; and 6 7 8 Whereas, for some people struggling with addiction, MAT can help sustain recovery; and 9 10 Whereas, MAT is primarily used for the treatment of addiction to opioids, such as heroin and prescription pain relievers that contain opiates; and 11 12 Whereas, the medications used in MAT are approved by the Food and Drug Administration; and 13 14 Whereas, MAT programs are clinically driven and tailored to meet each patient's needs; and 15 16 Whereas, the number of individuals potentially in need of MAT is estimated to be 24,887² opioid 17 users, 18,916 of which are heroin users; and 18 19 20 Whereas, the MAT treatment capacity in Baltimore City is only 17,587; and 21 22 Whereas, there is a capacity deficit of 7,300; and 23 Whereas, to gain an X DEA license, physicians must complete 8 hours of training (gaining up to 9 24 AMA CME credits); and 25 26 27 Whereas, that training process is a barrier to expanding provider coverage for buprenorphine prescribing; and 28 29 Whereas, in France there has been success in decreasing opioid overdose deaths by 79% four years 30

¹ <u>https://www.samhsa.gov/medication-assisted-treatment/treatment#medications-used-in-mat</u>

² http://www.bhsbaltimore.org/site/wp-content/uploads/2013/08/OTP-Capacity-Report_01_27_17_FINAL.pdf

- 1 after waiving buprenorphine prescribing requirements of physicians³; and
- Whereas, reducing training requirements would not eliminate the need to obtain a DEA waiver,
 and therefore be it
- 4 and therefore 5
- Resolved, that MedChi explore gaining the appropriate waivers to provide shortened trainings for
 physicians interested in becoming licensed to prescribe buprenorphine.
- 8
- 9
- 10 At its meeting on September 22, 2018, the House of Delegates referred Resolution 31-18 to the
- 11 Board of Trustees.

³https://www.theatlantic.com/health/archive/2018/04/how-france-reduced-heroin-overdoses-by-79-in-four-years/558 023/